



My Mongolia Training

— *8 days from July 30 to August 6* —



1. About the Mongolia



Population : 3,500,000

Language : Mongolian,
English, Korean

Capital : Ulaanbaatar



2. Urban life

[Difference in bedtime]

Japan : 10~11p.m.

Mongolia : 0~1p.m.

Because of the different of
sunlight hours between
Japan and Mongolia



The view in Ulaanbaatar



Ulaanbaatar at 7 p.m.



goat meal

All the dishes were
verydelicious!



The pictures of dumplings



3. Nomad's life



bread, milk tea
and like batter



yogurt



like *yakisoba*
with goat meat



The gel structure was easy to carry
and warm in the cold winter

Nomads usually turn on the stove
because night is cold in summer





I had a special and wonderful experience!

4. Other discover things





This is a picture of Ulaanbaatar trainees and Japan trainees



The famous departmentstore
We bought own sunglasses here!



I rode the horse or camel
and saw many beautiful views!

Thank you for listening!

I had a wonderful time thanks to you!